

# Ignite Sports

## Ignite Football Size Guide

	Chest Size (Actual Garment Size)		Shorts Waist Size (To Fit)
1-2 Years	19.5'	12' Length	18'
2-3 Years	20.5'	14' Length	19'
3-4 Years	21.5'	15.5' Length	21'
4-5 Years	22'	17' Length	22'
5-6 Years	24'	18.5' Length	23'
7-8 Years	26.5'	20' Length	24'
9-10 Years	28'	21.5' Length	26'
10-11 Years	29.5'	23' Length	28'
11-12 Years	31'	25' Length	30'
13-14 Years	34'	25.5' Length	32'

### Choosing the Right Size for You

To measure your clothing size, please follow these simple instructions:

#### **Chest Measurements**

Run a flexible tape measure all the way around your chest just below the armpit.

Be sure to keep the tape measure horizontal for an exact measurement.

#### **Waist Measurements**

Wrap the tape measure around the narrowest part of your waist. Be sure to keep the tape measure horizontal for an exact measurement.

### Kids Sizing Advice

All kids' garments should be worn around 4" bigger than the wearers chest measurement to achieve a comfortable fit

### Adult Sizing Advice

If you want a **TIGHT FIT** garment, then you should select the actual garment size that would be 2" bigger than your actual chest measurement.

If you want a **LOOSE FIT** garment, then you should select the actual garment size that would be 4" bigger than your actual chest measurement.

	Chest Size (Actual Garment Size)		Shorts Waist Size (To Fit)
XS	38'	26' Length	30'
Small	40'	27' Length	32'
Medium	42'	28' Length	34'
Large	45'	28.5' Length	36'
X-Large	47'	29.5' Length	38'
XX-Large	51'	30.5' Length	40'
3X-Large	53'	31.5' Length	42'
4X-Large	56'	32.5' Length	44'
5X-Large	60'	33.5' Length	46'
6X-Large	64'	34.5' Length	48'
7X-Large	67'	35.5' Length	50'



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